



Pānui

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Term toru Wiki Whitu

Thursday 8 September 2022

Number 14/22

In this newsletter...

[Tumuaki / Principal's Column](#)

[School App - have you downloaded?](#)

[Happy September birthday to:](#)

[Welcome To...](#)

[John Parsons Returns to Goodwood](#)

[Upcoming events](#)

[BOT Update](#)

[Year 3 and 4 camp dates - Next Week!](#)

[Goodwood News](#)

[Goodwood School Bullying Prevention Policy](#)

[Bullying and Online Bullying](#)

[John Parson's Resources](#)

Tumuaki / Principal's Column

Kia Ora e ngā whānau me ngā hoa o te Kura Tuatahi o Goodwood.

The **B word** has been in the media frequently over recent weeks. Issues around **bullying** have often made the news, including a couple of high profile cases in parliament. It is important that we continue to have this important conversation as a kura and as a community. By having these conversations we can build an understanding of what bullying is, what bullying isn't and how we can work together to eliminate this harmful behaviour.

Bullying is defined as deliberate, harmful behaviour that is repeated, or continues over a period of time. It often involves a power imbalance and it is difficult for those being bullied to defend

themselves. Bullying is a complex problem that requires all of us to work together to prevent. Those who carry out bullying behaviour are **very** often impacted by some sort of, often significant, trauma or disadvantage.

Bullying is not isolated incidents of 'mean' behaviour or an ongoing dispute between children who simply can't get along. It is also not the almost predictable reaction from children who have had enough of a child who causes irritations, or who is unable to demonstrate compromise or generosity when playing games. Labelling these sorts of reasonably common childhood behaviours as 'bullying,' diminishes the trauma of those who are in fact suffering a situation which is actual bullying.

We often stress to our explorers that **no one is in a neutral position** when it comes to bullying. You are either a **bystander** (tacitly supporting and enabling a bully by watching, or knowing and doing nothing) or an **upstander** (someone who calls out bullying or seeks help when they do see it).

Bullies operate in the shadows, choosing their moments to torment their victims away from the supervision of caring adults. This makes the role of upstanding peers all the more important. This is also what can make the online world a place where bullying can thrive and why we **advocate so strongly** for whānau to take such care in supporting children and being present in their online environment.

School is a place that is permeated in strong bully free values. We appreciate your support in helping us to promote anti-bullying messages. We also appreciate your calm and supportive approach when things go wrong. It is so helpful when parents support their explorer to examine their own behaviour when conflict has occurred. When explorers can see things from other people's perspectives, resolutions are much easier to find. Sometimes these are difficult conversations to have but helping children to be accountable for their behaviour now, helps set them up for success during the even more complex adolescent years ahead.

Have a great week.

David and your Goodwood team

School App - have you downloaded?

All current information is available on our school calendar at...

[GOODWOOD SCHOOL CALENDAR](#) and are also available on our school app for [Android](#) or [Apple](#) at present we have over 2000 downloads.



Happy September birthday to:

Odhran M, Zebe R, Ellie W, Max C, Chloe P, Mia A-H, Sebastian B, Rose R, Mackenzie W, Chloe K, Quinn D, Jack W, Jack B, Jessica H, Iroquois R-P, Molly R, Max F, Austin C, Ava B, Amelia P, Assif R-D, Isabelle G, Jack M, Brodie K, Oliver S, Max D, Ashleigh P, Piper J, Ivan G, Owen P, Hayley S, Benjamin D, Bailey W, Sienna T, .

Welcome To...

Madeleine V & Kyle M, Te Paea S, Tika S, Isla M, Belle C, Isabella W and Shellaf R-D.

LOST PROPERTY IS NOW ALMOST FULL AGAIN. PLEASE NAME YOUR CHILDS CLOTHING AS THIS GIVES IT A BETTER CHANCE OF GETTING BACK TO THEM. CHECK THE BLUE LOST PROPERTY TROLLEY WHENEVER YOU COME INTO SCHOOL.

John Parsons Returns to Goodwood

We are excited to welcome internet safety / digital citizenship expert John Parsons back to Goodwood - albeit on line this time. John will lead sessions for explorers, staff and parents on WEDNESDAY 28th SEPTEMBER. The parent Zoom will be at 7.00 pm - save the date and we will share the zoom link closer to the session.

Upcoming events

Week	Date	Who	What
8	Wednesday 14 to Friday 16 Sept.	Year 3 and 4 explorers	Middle School Camp Details have been shared with our Year 3 & 4 whānau. Have a wonderful time! Google Form Camp 1 - Rūma Tūt, Korimako and Kākāpō Camp 2 - Rūma Kōtare and Weka
	Thursday 15 September	Interested Year 1,2,5 and 6 explorers (Yr 3 & 4 are at camp)	Te Wiki o Te Reo Māori An opportunity to join with mana whenūa at Lake Te Kō Utu for karakia and kai to celebrate Te Wiki o Te Reo Māori. Bus will leave Goodwood at 6.30 am and return by 9.00 am. Whānau welcome. Some details here and a sign up form will follow.
	Friday 16 September	Selected 8 to 11 year old explorers	Interschool cross country champs at Lake Karāpiro Domain. Races start at 11.30 am. There will be the opportunity for interested explorers to travel back from Yr 3 / 4 camp in time to compete.
10	Wednesday 28 September	Year 3 - 6 explorers, all parents and teachers	John Parson's Internet Safety sessions. Daytime sessions for explorers - 7.00 pm Zoom meeting for parents / community.

BOT Update

We would like to wish our new Board of Trustees all the very best for the next three years. Thank you to all of those who stood for election and a very special thanks to our outgoing board who have served us so well. Voting has closed and we now wait 5 days for all postal votes to arrive before sharing the results.

Judo Celebration

Over the weekend Cambridge's newest Judo Club, Hajamie Judo, who opened their Dojo only three month's ago took a team who competed at Metro Judo Club in Hamilton for a Judo competition. There were over five Judo clubs represented.

Hajamie Judo entered 8 players and got 8 Medals, 3 Gold, 4 Silver and 1 Bronze.

2 Students from Goodwood School competed:

Jed Strachan achieved a Gold medal and Steyn Vienings a Silver Medal

This is an amazing achievement for these young new Judokas.

If you would like to give Judo a go contact hajamejudo@gmail.com



Year 3 and 4 camp dates - Next Week!

Middle syndicate (year 3 and 4) school camps are at Raglan NEXT WEEK.

We have planned to split the camp into two trips each sharing two days across the week.

Despite huge demand for bookings we have been lucky to secure the following dates...

Camp Raglan 2022	Start Date	Finish Date
Camp Tahī Rūma Tūī Rūma Korimako Rūma Kākāpō	Wed 14 Sept - 8:30am at kura	Thurs 15 Sept - return to kura by 3pm
Camp Rua Rūma Weka Rūma Kōtare	Thurs 15 Sept - 8:30am at kura	Fri 16 Sept - return to kura by 3pm

Goodwood News



Last week we took a moment as a whole school to show our aroha and admiration for Deb Taylor.

Deb has been making a difference every day at kura for nearly 8 years.

Deb is an expert kaiako who positively supports explorers to be the best they can be. As our junior team leader Deb has worked alongside teachers to build a clever and capable team.

The mountains of Te Waipounami are calling Deb and her whānau. We will miss them dearly - however our hearts are full for them and their next exciting chapter.

Haere pai atu, hoki pai mai

We were delighted to welcome to Goodwood, three New Zealand track cycling LEGENDS, Bryony Botha, Ellesse Andrews and Olivia King. Between them this talented trio brought home FOUR gold medals and one silver from this year's Birmingham Commonwealth Games. The three world class cyclists told us about their careers, answered our explorers' questions and showed us their medals and their bikes. Thanks to Goodwood Mum Christina for organising and the athletes for finding time in their busy travel and training schedules.





A HUGE well done to all of our explorers who showed GRIT and completed a wonderful cross country running festival. An occasional rain shower didn't slow us down. Thanks to our amazing community for coming out and supporting us. A special thanks to the Hayward and Heaslip families for allowing us access to their farmland for the course and training.

It was a late night for Team Goodwood as our teaching team refreshed their first aid qualifications. Our support team renewed theirs also. Our explorers are safer thanks to this dedication. It is great to work with such a caring and capable team.



Kia Ora to Rūma Takahē and Rūma Kiwi for a fun cross country themed assembly. Congratulations to all of our award winners and presenters.

Congratulations to our amazing kapa haka who performed so well at the Cambridge kapa haka festival at Karāpiro last week. Thank you to our expert tutor Matua Rawiri and all of the whānau who came out to support.



Agricultural Day Thursday the 20th of October.

Don't forget to register for Goodwood School's Ag Day using the following link [Ag Day 2022](#) or complete a registration form available from the school office by **Tuesday the 20th of September**.

There is information available from the school office on rearing a calf, lamb or kid goat for showing at Ag Day and the team at PGG Wrightson, Cambridge also have plenty of expertise when it comes to rearing Ag Day Pets. Please see the flyer with regard to Ag Day special pricing from Wrightsons.



PGG Wrightson Cambridge Ag Day deals
Valid 1 August - 31 August 2022
Unless stated otherwise, in PGG Wrightson Cambridge store only.

MaxCare Premium Milk Replacer 20 kg (Normally \$124)	\$117.50	Sprayfo Primo Lamb 20 kg (Normally \$218)	\$135
Amalamb 20 kg (Normally \$132)	\$117.50	Gusto 30% Calf Blend 20 kg (Normally \$30.09)	\$27.20
NRM Lamb Start Mix 20 kg (Normally \$36.09)	\$33.80	NRM 30% Calf Blend 20 kg (Normally \$33.09)	\$33.80
NRM Lamb Performance Pellets 20 kg (Normally \$33.09)	\$30.80	NRM Go out 20% Calf Pellets 20 kg (Normally \$55.09)	\$31.50

Bottles, Teats, Leads, Collars, Halters, Brushes and more available in-store

PGG Wrightson Cambridge | 77 Duke Street | Phone 07 821 0640 | *Feeding green the country*

Goodwood School Bullying Prevention Policy

Bullying and Online Bullying

Bullying is deliberate, harmful behaviour that is repeated, or continues over a period of time. It often involves a power imbalance and it is difficult for those being bullied to defend themselves. Bullying is a form of **harassment**, and usually refers to intimidating behaviour between school students, but may involve staff. If an incident involves both staff and students, the **harassment complaints procedure** is followed.

All members of the school have a responsibility to recognise bullying and **online bullying**, and to take action when they are aware of it happening. Maintaining awareness is important as bullying can be subtle and hard to recognise but small acts are still harmful over time. Goodwood School aims to create a safe environment but if students are being bullied, they need to feel supported and know what to do.

Bullying may be defined as:

- physical, e.g. hitting, kicking, taking belongings
- verbal, e.g. name calling, insults
- social/relational, e.g. spreading nasty stories, excluding from groups, making threats
- identity-based, e.g. racist, sexist, religious, ableist, sexuality and gender-based.

Prevention and response

At Goodwood School we:

- create a **safe, inclusive**, and respectful environment
- identify bullying behaviour, and do not tolerate it
- **recognise diversity** and avoid cultural bias
- work to eliminate racism, discrimination, and stigma in education
- promote **digital citizenship** by teaching students about safe and responsible technology use, such as:
 - activating privacy settings on social media sites
 - only giving personal information to people they know and trust
 - using available online safety options (e.g. website blockers and email/spam filters)
 - avoiding sharing images of themselves they wouldn't want distributed further
 - talking to an adult they trust (parent, teacher, etc.) or contacting a support service like Netsafe if they feel bullied or need help with a digital incident
 - knowing how to contact a service provider to report abuse or problems.

Goodwood School deals with incidents of bullying and online bullying through our school's **Behaviour Management plan**.

Related topics

- **Responding to Digital Incidents**
- **Digital Technology and Cybersafety**
- **Inclusive Education**
- **Recognition of Cultural Diversity**
- **Harassment**
- **Student Wellbeing and Safety**
- **Supporting Student Wellbeing**

John Parson's Resources

Live Streaming: Understand the risks for children

<https://www.facebook.com/johnparsonsS2E/videos/244747619971043/>

BEDROOM, BATHROOM, PYJAMAS

<https://www.facebook.com/johnparsonsS2E/videos/1112030665810052/>

HOW TO DEAL WITH ANTI SOCIAL BEHAVIOUR

<https://www.facebook.com/johnparsonsS2E/videos/643131269822891/>

CHILDREN & ONLINE GAMES - A NOSY PARENT IS A LOVING PARENT

<https://www.facebook.com/johnparsonsS2E/videos/653756001863893/>

CIRCLE OF LIGHTHOUSES

<https://www.facebook.com/watch/?v=256299468768773>

FAMILIES THAT EAT TOGETHER HEAL TOGETHER

<https://www.facebook.com/johnparsonsS2E/videos/2866705640318593>

KEEPING YOUR CHILDREN SAFE ONLINE

<https://www.citizen21.co.nz/resources>

ROMEO THE ELEPHANTS DIGITAL FOOTPRINT

<https://www.citizen21.co.nz/copy-of-resources->

The fabulous 2022 Entertainment Book is back.
 Click on the link to unlock \$1,000's savings.
<https://www.entertainmentnz.com/orderbooks/1543k40>

Do not tap for fun. Tap for fun.



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Save up to 50% on dining, shopping and things to do
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3 & 6 HR ADVENTURE RACE CAMBRIDGE
 Saturday 17 September 2022

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 027 372 4197 // Christine.hartnell@springssheep.co.nz



Artz on Show School Holiday Performing Arts Workshop

This is a fun yet educational week for students aged 5 – 15 years.

Students participate in a range of performing arts classes, concluding the week with a performance!

10 - 14 October 2022, 9 am – 4 pm daily
Held at Southwell School

View our website; www.artzonshow.co.nz
or contact Hayley on either
artz@artzonshow.co.nz or 09 294 7129

THE LION KING

ARTZONSHOW.

 **Tuatahi**
First Fibre



Junior MTB Race Series 2022

Hamilton MTB Park - November 6
Te Miro MTB Park - November 13

Grades: Under 10, up to Under 20
Start times from 10am - 12.30pm

Spot prizes, thanks to our sponsors!



Sign up at: <https://www.webscorer.com/registerseries?seriesid=275878>

SKILLS & GAMES

Camp 1

THURSDAY, 6TH OCTOBER
09:00 - YEARS 6, 7, 8

Camp 2

THURSDAY, 13TH OCTOBER
09:00 - YEARS 4, 5, 6

Sign Up

ENROLMY.COM
- OR -

USE THE LINKS ON OUR FACEBOOK



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FREE INTRODUCTION SESSIONS
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Then 30-35 minutes of half court
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Or Facebook page - Cambridge Basketball Association